## HOW TO COMMUNICATE WITH 🕻 AMDANI! CONWY



MY NAME IS...

If I want to volunteer, I should get in touch with...



Amdani! Conwy



This social story will help me understand who I need to talk to for different things. It will also tell me when I should get in contact. It will also tell me how I can do this.

If I feel like I need help in another part of my life, I should...



Speak to a member of my family or a friend who I trust. This person is

If I have a social worker, get in touch with them. Their name is



IF I'M IN AN

EMERGENCY OF

DANGEROUS

SITUATION, I

SHOULD CALL 999

If I'm sad and feel like I'm in a crisis and in need of immediate help there are services I can use. I can...

Ask for a referral by email to Jason Edwards Conwy Community Hub Manager jasonedwards@cvsc.org.uk

Ask for a referral by calling or texting Jason Edwards, Conwy Community Hub Manager 07429503303 or 01492 523853

Visit www.conwyculture.com

Click on the volunteering tab and click on the

**Amdani! Conwy Resources Hub** 

Then click on Resources for volunteers to find a document called Wellbeing Support Links

Click on this to find a list of wellbeing services you can access.

I can find volunteering opportunities by...

Looking at what is available on Volunteering Wales

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https://volunteering-wales.net

Calling or texting them on

07743932406

They are available on **Wednesday or Thursdays** from 10am - 2pm

Sending them an email at

Amdani@cvsc.co.uk



After I register to volunteer somewhere,

will contact me to arrange access support if I need it.

If I have any questions about my access needs or want to find out more about the venue access information, I can request a call or email back by...

Calling or texting them on 07743932406 saying "Help with access"

They are available on Wednesday or Thursdays from 10am - 2pm



The team is small and really busy. They	
sometimes can't answer straight away.	

I should not worry because		
the	will get back in	
contact with me within		

Sending them an email at

Amdani@cvsc.co.uk

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saying "Help with access" in the subject